

The Study of Well-Being Needs of Elderly in Urban Area

Sumolnit Kerdkoonwong

Faculty of Education, Srinakharinwirot University, Bangkok, Thailand

Naruemon Sirawong

Faculty of Education, Srinakharinwirot University, Bangkok, Thailand

Abstract

Regarding Thailand has been in completed aged society since 2022. Therefore, the research was aimed at studying needs for the well-being of the elderly in Bangkok, which is an urban area. The research sample were elderly in Bangkok who are Thai nationals aged 60 years, and over which consisted of 60 elderly people by purposive sampling. The instrument was an elderly well-being needs questionnaire adapted from the World Health Organization (WHO) Well-Being Index assessment form. The methodology was to study the needs using the questionnaire and content analysis of the data obtained. The findings of the study were found that 60 elderly people responded to the questionnaire, with 86.6 percent of the elderly being female and 13.4 percent being male. 85 percent of the elderly were unemployed, and 15 percent were working from home. 91.6 percent of them had never received advice on long-term financial planning and 51.6 percent were concerned about finances. 88.3 percent of them were physically ill, 53.3 percent were mentally depressed, and 40 percent were in normal mental states. 75 percent of them had moderate spiritual well-being, 18.4 percent were high, and 6.6 percent were low. The findings were discussed in technology for developing their well-being.

Keywords

Aging society, Elderly persons, Lifelong learning, Well-being.

