

## Ranking Constructs of Family Resilience of Malaysian Generation Y Families Using a Correlational Weighting Approach

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### Abstract

Family resilience is the ability of the family to adapt, recover, and remain functional in the face of stress and adversity. In this study, the Malaysian Generation Y families, is defined as married individuals with at least one child born between 1980 and 2000, are increasingly facing emotional, economic, and relational challenges due to rapid social change. This study aimed to rank ten validated constructs of family resilience by applying a correlational weighting approach. A total of 272 participants responded to the Malaysian Gen Y Family Resiliency Scale (myFRSGY), and the data were analysed using SPSS to calculate the correlation values used for the ranking process. The results showed that the overall family resilience index was 3.94 out of 5, indicating a moderate to high level of resilience. The most influential constructs were roles and responsibilities in the family structure, psychological and physical support, and communication and conflict resolution. In contrast, spiritual and moral values and social support networks contributed the least to the overall index. These findings provide a context-specific understanding of family resilience and offer evidence-based guidance for the development of targeted family policies and support programmes in Malaysia.

### Keywords

Correlational weighting, family resilience, family resilience index, Generation Y Malaysia.

### Acknowledgement

This research on the Malaysian Gen Y Family Resiliency Index for Families' Healthy Life and Well-Being was funded by the Malaysian Ministry of Higher Education under grant number [FRGS/1/2022/SS09/SEGI/02/2]. The authors gratefully acknowledge the support of SEGi University and express their appreciation to the members of the research team, all of whom are listed as co-authors of this article.