

The Importance of Self-Assessment to Improve the Learning Process

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Abstract:

Self-assessment is an essential educational tool that helps learners improve their academic performance by gaining a deeper understanding of their strengths and weaknesses. This paper explores the significance of self-assessment in fostering personal responsibility, critical thinking, and independent learning. In addition, it provides recommendations for effective implementation in educational environments while addressing common challenges faced during the process.

Keywords:

Critical thinking, Independent learning, Personal responsibility, Self-assessment.