

## A Case Study of Cervical Disc Disorder with Myelopathy Level C5-C6 and C6 –C7 Disc Prolapse and Stenosis

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### Abstract:

There is currently evidence to determine which recent neurological treatment and conservative medicine, however the patient benefits from multiple –treatment approach. The purpose of this case to describe cervical myelopathy management of a patient suffered with different painful sign and symptoms. The diagnosis based on the patient symptoms as well as more criteria of the clinical prediction rules, which used identify patient with cervical myelopathy

Results from the examination and evaluation were consistent with MRI images findings under medical treatments, precautions. Patient pain improved 9/10 to 0/10 and following multi-treatment approach that included patient medical education and precaution, this patient with cervical myelopathy experienced decreased pain and burning sensation of sole and was able to return near normal life and prior level of body function.

### Keywords:

Cervical myelopathy, Neurological treatment, burning sensation sole. MRI scan.