International Conference-2024

20th - 21st November 2024

Sources for Professional Development and the Identification of Prosocial Behaviour for Future Social Workers

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Abstract:

Our goal in this study is to present a method for choosing social work applicants that exhibit multifaceted prosocial activities and prosocial orientations. Thus, based on suitable methods for the selection and professional orientation of applicants as future social work specialists, universities can establish a sustainable educational system. Successful and long-lasting professional integration can result from the application of proven techniques for vocational counselling and selection in conjunction with a set of prosocial principles. Identifying the prosocial tendencies of young people pursuing academic study in the social domain was one of the study's goals. Another was to examine and evaluate multidimensional PSB types, which could be used as a career orientation strategy for sustainable education and sustainable professional integration in the social system, based on prosocial tendencies. In the paradigm of prosocial behaviour, several types of behaviour are associated with strong good conduct. Concerns exist over the circumstances and factors that contribute to constructive behaviour, and there is some misunderstanding regarding whether people would want to act in a positive, prosocial way. The study's goal was to demonstrate how the orientations and PSB, which are primarily formed by the family during the development process, are based on the academic field of social study and are in line with the pro-social tendencies and social values needed for both a sustainable professional integration and a sustainable education. In their initial work, G. Carlo and B. A. Randall (2002) introduced a tool that encompasses four distinct categories of PSB: altruistic PSB, compliant PSB, emotional PSB, and public PSBs. Based on the research, the authors developed a scale consisting of six categories to measure individual variations in PSB among late teens. We also used this tool in our own study to examine the particular patterns of prosocial tendencies in multidimensional prosocial behaviours in Romania.

Keywords:

prosocial behaviour, social sciences, welfare, empathy.