

The Effect of Sensitization on Students' Performing Practice as a Response on Listening Self-audio Recordings

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Abstract:

The presented work is motivated by the problem of psychological support of students' performing practice. This research is based on the theory of sensitization in perspectives of shaping human experience through exposure of sensory stimuli to neural networks. It intends to stimulate this psychological process by the means of listening by students the musical records prepared by themselves that will benefit their performing practice. The purpose of this study is to determine how students' perception of music should be guiding their motor skills through listening to their records? The research questions relate to variables of students' engagement in the process of self-audio recordings. This research was conducted at Kazan Federal University, 64 students and 7 teachers as experts were involved. The methodology used questionnaire, related to making audio-records by students or not, times and way of listening, students' self-assessment of records. Teachers were asked to fill the criterion-referenced test for assessment of students' final performances. For evaluation the results were chosen quantitative (correlation analysis) statistical method. The experimental work confirmed positive correlation between listening of self-records and the quality of performances featured by psychological phenomena. The study contributes to educational practice by suggesting recommendations of listening positively many times enjoying music rather than criticize interpretation mistakes for improvement.