

Women Empowerment through Self-Help Group: In the Perspective of Social Empowerment

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Abstract:

The participation of women in self-help groups made a significant impact on their empowerment in all aspects. Self-Help Groups (SHGs) are small, informal groups of people who have similar social and economic backgrounds. They come together to help each other and themselves address their problems. This study addresses women empowerment through self-help groups in in the respect of social empowerment. The information required for the study has been collected from both the primary and secondary sources of data. A Random sampling method has been used for the collection of data. For which 100 SHG members from Hawalbagh block of Almora district have been included as participants. Data has been analyzed by percentage method and research hypotheses have been tested by chi-square test. The results show that SHG has significantly changed the decision making capacity and their participation in the social activity and played a significant role in their social empowerment

Keywords:

Self-help group, women empowerment, social empowerment, decision making.